

Family Member's Transition Support Group



*Welcoming them home is easy...
having them home is another story*



July 14, 2008

6-7pm

Jesse Brown VAMC, 2nd Floor

Conference Room A

Childcare & Parking provided

***Monthly group will be held on the 2nd
Monday of the month***



DISCUSSION TOPICS:

- How to cope with your soldier's PTSD and other mood symptoms related to their deployment
- Adjusting to having a spouse/family member returning from deployment
- Communication skills

For more information
or to RSVP contact:
Andrea Skoglund, LCSW
OEF/OIF Case Manager
312-569-8254