

Invisible Wound
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**The Walter Reed Foundation
“Bridging the Gap” Retreats**

A mission to provide a
continued healing journey for
Service Members, Veterans,
their Families and Communities

FOR IMMEDIATE RELEASE

End Date: March 10, 2016

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Title: The needs of our Service Members/Veterans/Families and Communities are still urgent. “Bridging the Gap” Retreats

The Walter Reed Foundation is sponsoring “Bridging the Gap Retreats” to support post 9/11 combat/deployment service members and veterans and their caregiver or primary support person in their journey of healing. This four-day relaxation and reconnection retreat, intended as a strong adjunct to VA/DoD services, will take place at the Union League Club Chicago, Chicago, Il. March 17-20, 2016. The goal is to continue the healing journey for service members/veterans and their families with a program focused on group support, education, stress-management skills and fun in a beautiful setting. Reconnect to self, peers, family, and community. Enjoy relaxation, Shedd Aquarium private tour, tai chi, ear acupuncture and learn relaxation skills. All activities are staffed by experienced DoD and VA providers, service members/veterans/family in addition to community volunteers. Walter Reed Foundation is funding “Bridging the Gap Retreats”, in collaboration with: Invisible Wound, Warriors at Ease, and the Institute for the Health and Security of Military Families at Kansas State University, Manhattan Kansas. Those who are interested in participating are asked to submit an application - available at: <http://invisiblewound.org/retreats>.

For additional information please email info@invisiblewound.org

*The Walter Reed Foundation is a 501(c) (3) non-profit organization and not a part of the Walter Reed National Military Medical Health Care System.